University Settlement / The Door
Phone: 212-941-9090, ext. 3542
Hours: Daily 10am-6pm
www.universitysettlement.org
Remote services offered through phone and video calls
- Individual and group counseling
- No new patients/referrals as of now

Henry Street Settlement
Phone: 212-233-5032
Hours: M,W 9am-8pm T,Th,F 9am-5pm
www.henrystreet.org
- Remote services offered through phone and video calls
- Outpatient, individual therapy, support group for those who have lost someone to COVID-19
- Personalized Recovery Oriented Services (PROS)
- Offers services in Mandarin, and Cantonese

Hamilton-Madison House
Phone: 212-720-4540
Hours: M-Sa 9am-5pm
www.hamiltonmadisonhouse.org
- Medication treatment offered in person
- Remote services through phone and video
- Individual counseling, substance abuse services, Personalized Recovery Oriented Services (PROS)
- Offers services in Mandarin, Cantonese, Vietnamese, and Japanese

Charles B. Wang Community Health Center
Phone: 212-941-2213
Hours: Daily 10am-4pm
www.cbwcgc.org
- Remote services offered through video and phone for ongoing patients
- Behavioral / mental health services
- Taking new patients, but need to see the primary care doctor there first to get referral for mental health services

Bellevue Hospital Center-Asian Inpatient Program
Phone: 212-423-4500
Open 24/7
www.nychealthandhospitals.org/be llevue
For mental health support, contact
NYC Well: 1-888-692-9355
https://nycwell.cityofnewyork.us

Gouverneur Healthcare Service- Asian Bicultural Clinic
Phone: 212-238-7332
Open 24/7
www.nychealthandhospitals.org/
For mental health support, contact
NYC Well: 1-888-692-9355
https://nycwell.cityofnewyork.us

Accepting new referrals
**Brooklyn**

- **Arab American Association**
  - **Phone:** 718-745-3523
  - **Hours:** M-F 10am-6pm
  - [www.arabamericanny.org](http://www.arabamericanny.org)
    - Remote services through phone and video
    - Individual counseling
    - Individual counseling for DV clients
    - Services in English and Arabic

- **Sunset Terrace Family Health Center at NYU Langone**
  - **Phone:** 718-630-7942
  - **Hours:** M-Th 8am-7pm, F 8am-5pm
  - [www.nyulangone.org](http://www.nyulangone.org)
    - Remote services offered through phone and video calls
    - Behavioral/mental health services

**Queens**

- **Elmhurst Hospital Center-Asian American Mental Health Program**
  - **Phone:** 718-334-6209
  - **Open 24/7**
  - [https://www.nychandhospital.org/elmhurst](https://www.nychandhospital.org/elmhurst)
    - Remote services through phone calls.
    - Medication treatment, therapy, grief counseling

- **The Korean Community Services of Metropolitan New York**
  - **Phone:** 718-366-9540
  - **Hours:** M,W,F, Sa 9am-5pm, Tu,Th 9am-8pm
  - [www.kcsny.org](http://www.kcsny.org)
    - Outpatient mental health services
    - Remote services through phone and video
    - Individual counseling
    - Services in English and Korean

**LGBTQ**

- **PFLAG NYC - API Rainbow Parents**
  - **Phone:** 646-397-4032 / **Helpline:** 212-463-0629
  - **Email:** api@pflagnyc.org
  - [www.pflagnyc.org](http://www.pflagnyc.org)
    - Community education for Asian and Pacific Islander LGBT people and their families
    - Offering an online, once a month discussion group to discuss experiences and feelings about raising a child who is exploring their gender in an API community/family.

- **Apicha Community Health Center**
  - **Phone:** 212-334-6029
  - **Hours:** Daily 10am-5pm
  - [www.apicha.org](http://www.apicha.org)
    - Remote services offered through phone and video calls
    - Behavioral/mental health services

- **Desi Rainbow Parents & Allies**
  - [www.facebook.com/desirainbowparents](http://www.facebook.com/desirainbowparents)
    - Support group for South Asian families and friends of LGBTQ+ individuals

- **The Child Center of NY**
  - **Phone:** (Elmhurst) 718-899-9810 ext. 2360
    - (Flushing) 718-358-8288
  - **Hours:** M-Th 9am-9pm, F 9am-7pm, Sa 9am-3:30pm
  - [www.childcenterny.org](http://www.childcenterny.org)
    - Remote services offered through phone and video calls.
    - Multi-lingual and multi-cultural counseling
    - Wait time is approximately 1-2 weeks depending on language needs
Domestic Violence

Turning Point
Helpline: 718-550-3586
Hours: M-F 10am-6pm
www.tpny.org
- Counselors provide remote individual counseling sessions for DV survivors
- Online support group for DV survivors
- Online youth group for Muslim girls 13-20
- Services offered in Bangla, English, Hindi, Punjabi, Turkish, and Urdu

Korean American Family Service Center
Phone: 718-460-3800 / Helpline: 718-460-3800
Hours: Free 24/7 bilingual hotline
www.kafsc.org
- Services available by appointment only. Please call the helpline first for details on available services
- 24/7 emergency shelter and long-term transitional housing program
- Online economic empowerment classes
- Youth program meetings

Garden of Hope
Helpline: 877-990-8595
Hours: M-F 9am-5pm
https://gohny.org/
- Free bilingual helpline
- 14 bilingual Chinese counselors to provide remote counseling, advocacy, legal assistance, and case management to clients
- Online single parenting support group, safe houses

Suicide Prevention

The Samaritans
Phone: 212-673-3000 (Confidential hotline)
1-800-273-TALK (The National Suicide Prevention Hotline)
www.samaritansnyc.org
Crisis response; Community education; Suicide survivor support groups

National Alliance on Mental Illness
Phone: 518-462-2000; Helpline: 800-950-3228
www.naminy.org
Helpline; Support groups

Womankind
Phone: Confidential Helpline: 1-888-888-7702
Hours: M-F 9am-5pm
www.iamwomenkind.org
- Free 24/7 multilingual helpline with chat and text services available in English and Chinese
- Services available by appointment only
- Please call the helpline first for details on available services

Sakhi for South Asian Women
Phone: 212-714-9153 / Helpline: 212-868-6741
Hours: M-F 10am-5pm
www.sakhi.org
Mental health counselors to provide tele-therapy sessions and remote social service and legal assistance